

Basic Tackle for Coarse and Fly Fishing

Equipment doesn't have to be expensive. A simple rod & reel will serve for most disciplines of freshwater fishing. However, for the beginner, a basic kit to get you started might include:

Fishing pole 3- 4m whip or pole

Fishing line a spool of line with an appropriate breaking strain - consider the size of fish that you are likely to catch

Barbless hooks hooks to line are easiest but you can tie your own (eyed / spade end hooks). Sizes 14 – 20 would be good & they should be barbless

Weights non-toxic shot is used to present your bait and float correctly

Floats a selection of sizes should be chosen to suit differing conditions

Disgorger to unhook the fish

Bait could start with bread or worms and maggots (these can be bought from a tackle shop)

Landing net to bring in your catch

Seat something comfortable to sit on, on the banks

Fly Fishing

This is a specialist form of angling where you catch game fish of the salmon and trout family. This needs slightly more specialist equipment and, if you are new to fishing, it is best to take someone along that can help you to learn as it's a much more skilful form of fishingand great fun!

Should you want to try your hand at this type of angling, here's what you'll need:

Fly rod - a simple light rod

Fly reel - appropriate fly fishing reel

Fly lines - an assortment - sinking intermediate & floating lines

Leaders - an appropriate assortment – these are the length of nylon between the floating line & the fly

Fly lures - a selection of artificial fly lures is best